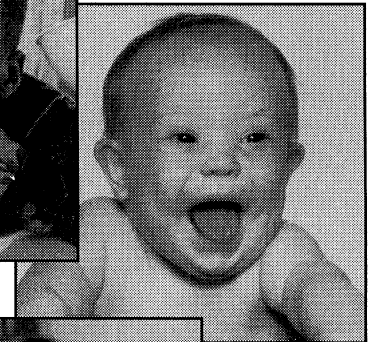
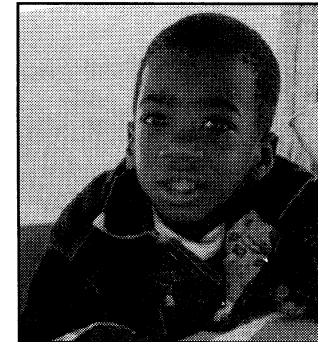


# Developmental Checklist for Young Children

*Birth to 6 years*



Your child's age

## ✓ 15 to 18 Months

- Uses 10 to 15 words spontaneously..... \_\_\_\_\_
- Scribbles on paper after shown how..... \_\_\_\_\_
- Begins using a spoon..... \_\_\_\_\_
- Drinks from cup held in both hands..... \_\_\_\_\_
- Cooperates with dressing..... \_\_\_\_\_
- Walks across a large room..... \_\_\_\_\_

## ✓ 18 to 24 Months

- Can build a tower with three blocks..... \_\_\_\_\_
- Likes to climb and take things apart..... \_\_\_\_\_
- Uses single words frequently..... \_\_\_\_\_
- Begins two-word phrases..... \_\_\_\_\_
- Able to run..... \_\_\_\_\_
- Looks at pictures in a book..... \_\_\_\_\_

## ✓ 2 to 3 Years

- Walks up/down stairs using alternate feet, while holding on..... \_\_\_\_\_
- Says at least 100 words..... \_\_\_\_\_
- Uses three-word phrases..... \_\_\_\_\_
- Points to objects in a book..... \_\_\_\_\_
- Knows his or her sex, body parts..... \_\_\_\_\_
- Jumps lifting both feet off ground..... \_\_\_\_\_

Your child's age

## ✓ 3 to 4 Years

- Opens a door by turning the door knob..... \_\_\_\_\_
- Builds a tower with nine blocks..... \_\_\_\_\_
- Follows two commands of on, under, or behind (e.g., "stand on the rug.")..... \_\_\_\_\_
- Names pictures in a book or magazine..... \_\_\_\_\_
- Understands complex sentences..... \_\_\_\_\_
- Uses action words..... \_\_\_\_\_

## ✓ 4 to 5 Years

- Uses four- to five-word sentences..... \_\_\_\_\_
- Stands on one foot..... \_\_\_\_\_
- Throws a ball overhand..... \_\_\_\_\_
- Enjoys active play: racing, hopping, climbing..... \_\_\_\_\_
- Points while counting three different objects..... \_\_\_\_\_
- Names three colors..... \_\_\_\_\_
- Counts aloud 1 through 10..... \_\_\_\_\_
- Can copy a cross..... \_\_\_\_\_

## ✓ 5 to 6 Years

- Can copy a square..... \_\_\_\_\_
- Asks questions to seek information..... \_\_\_\_\_
- Tells age correctly..... \_\_\_\_\_
- Skips with both feet..... \_\_\_\_\_
- Catches a small ball on a bounce..... \_\_\_\_\_
- Dresses him/herself completely..... \_\_\_\_\_

The  
**Arc**<sup>®</sup>

*a national organization on mental retardation*



# Developmental Checklist for Young Children

This checklist is designed for you to record your child's growth and development. **There is space to fill in the age when your child begins each activity.**

When you fill in the checklist, remember that each child develops at his or her own pace. The age listed on the checklist is the time a number of children are consistently doing the activity.

If your child is not doing one activity at the age listed, there is probably no need to be concerned. However, if your child is late in doing several activities, you should discuss it with your child's doctor.

If your child was born prematurely, ask the doctor about your child's corrected developmental age.

## For more information about The Arc's work in your community contact:

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## Usual Activities During...

Your child's age

### Birth to 3 Months

- Able to raise head from surface when lying on tummy..... \_\_\_\_\_
- Makes eye contact with adults ..... \_\_\_\_\_
- Moves arms and legs in energetic manner ..... \_\_\_\_\_
- Smiles and coos ..... \_\_\_\_\_
- Grunts and sighs ..... \_\_\_\_\_
- Likes to be held and rocked ..... \_\_\_\_\_

### 3 to 5 Months

- Eyes follow a slow-moving object ..... \_\_\_\_\_
- Able to hold head erect ..... \_\_\_\_\_
- Grasps objects when placed in his or her hand ..... \_\_\_\_\_
- Laughs out loud ..... \_\_\_\_\_
- Anticipates feeding and recognizes familiar faces ..... \_\_\_\_\_
- Sits briefly with support ..... \_\_\_\_\_

### 5 to 7 Months

- Reaches for, holds and bangs objects..... \_\_\_\_\_
- Stretches out arm to be picked up ..... \_\_\_\_\_
- Babbles ..... \_\_\_\_\_
- Turns toward sounds ..... \_\_\_\_\_
- Holds cookie or cracker - begins chewing ..... \_\_\_\_\_
- Rolls over ..... \_\_\_\_\_

Your child's age

### 7 to 9 Months

- Can sit steadily for about five minutes ..... \_\_\_\_\_
- Can transfer object from one hand..... \_\_\_\_\_ to the other..... \_\_\_\_\_
- Creeps (pulling body with arms and leg kicks)..... \_\_\_\_\_
- Responds to name ..... \_\_\_\_\_
- Can stand for short time holding on to support..... \_\_\_\_\_
- Likes to play peek-a-boo..... \_\_\_\_\_

### 9 to 12 Months

- Says "Ma-ma" or "Da-da"..... \_\_\_\_\_
- Copies sounds ..... \_\_\_\_\_
- Waves "hi" and "bye"..... \_\_\_\_\_
- Able to pull self up at side of crib or playpen..... \_\_\_\_\_
- Walks holding on to furniture ..... \_\_\_\_\_
- Takes sips from a cup ..... \_\_\_\_\_
- Crawls on hands and knees ..... \_\_\_\_\_
- Hits two objects together; throws and drops objects ..... \_\_\_\_\_

### 12 to 15 Months

- Says several words besides "Ma-ma/Da-da"..... \_\_\_\_\_
- Walks without support by 15 months..... \_\_\_\_\_
- Finger feeds self ..... \_\_\_\_\_
- Explores toys ..... \_\_\_\_\_