

# Old Testament

## David and Goliath

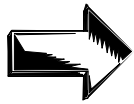
1 Sam. 17:1-50

### Younger Verse

The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Galatians 5:22

### Older Verse

The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. There is no law that says these things are wrong. Galatians 5:22



Teachers: This new unit is designed to help your children understand some of the stories in the Old Testament. Each lesson will have both Old Testament and New Testament passages.

PLEASE remember always to include the New Testament verses—this helps each child see how God's ultimate plan was fulfilled in Christ!

### Welcome Time

Tell the children that today's lesson is a contest between a tall (say it T-A-A-L-L) warrior and a tiny (T-eee-ny) little boy. Ask them who they think will win the battle. Speak softly and tell them that if they listen, they will find out. Share that they will get to do fun things after the story time.

### Bible Story

*Please note: This portion of the lesson is given to help in teaching the lesson. Please read through the story and read it in the Bible. Do **NOT** read from this piece of paper. Instead, make a note sheet and place it next to the story in the Bible.*

God's people were in battle with a group of people called the Philistines. They were mean people who did not love God.

One day, the Philistines challenged God's people. They were so proud and confident that THEY could win. They had a secret weapon. They had a man who was mean, tough, and tall. His name was Goliath. He was over 9 feet tall! That is almost as tall as the hoop on a basketball goal (It is 10 feet)! He even carried armor that weighed over 125 pounds. He was strong too!

Every day for over a month, Goliath would come out from his side of the mountain and challenge God's people. He asked for 1 brave person to come and fight him.

God's people were scared. They saw how strong and tough he was. No one would fight him. They were afraid he would win.

One day, Jesse asked his youngest son David to go to the battlefield to take food to his brothers. David jumped up and went to the battleground. While he was talking to his brothers, Goliath came out and shouted his threat to the army. David heard what Goliath said. He couldn't believe that Goliath was speaking this way to God's army. David quickly found out what was going on.

### Lesson Goals

**Share how David had courage and confidence in God  
Learn how to face problems and trust God for His help and  
not be jealous of a brother or sister; instead love them**

Eliab, David's brother, was angry at what David was doing. He was probably a little jealous of David's confidence.

News got back to Saul of David's interest in fighting Goliath. He asked him to come to his palace. Saul couldn't believe his eyes. David was a teenage boy! He surely couldn't fight a grown man.

David told him how God was with him and that he had killed a bear and a lion. After hearing this, Saul decided that David could fight Goliath. He gave David special armor to wear. Poor little David; the armor was too heavy for him. He pulled off the armor and went to a stream of water. He picked up 5 stones and put them in his pocket.

Then, Goliath came. He looked at David and probably laughed. He told David that he would feed him to the birds.

But David said, "You may come with your armor and spears, but I come to you in the name of the Lord. Today the Lord will give you to me. I will kill you. Everyone here will know that God did this. The battle belongs to God. God will win!"

David quickly ran to meet Goliath. He put a stone in his sling and hit Goliath right between the eyes. Goliath fell back and died. David did it! God helped him!

David believed that God would help him. He knew that God was bigger than any 9 foot tall person. He trusted God and had faith that God would win the battle.

Did you notice that when Goliath was making fun of David, David did not fight back or criticize them? He knew that God would help him. He did what God wanted.

We have a chance to believe God too. He saved His people from the Philistines then, and God saves us too. How? He gave us a gift that is UNBELIEVABLE!! He knew that there was no way that we could be good enough to go to Heaven. So, God sent His Son Jesus to take the punishment for our wrongs. He died on a cross. The best part is that Jesus came back to life 3 days later. Jesus lives, so that if we believe in Him and ask Him to come into our life, He will be with us forever. What a gift!

Did you see how David's brother was jealous of him? Sometimes we compare our life to our brother's or sister's life. God does not want us to compare or become jealous of others. He has made us all different and special. God wants us to listen to Him and He will help us know how we can follow Him. We should be glad when good things happen to our brothers or sisters and encourage them.

#### **Learning Activities**

There are loads of ideas for this lesson today! Make sure the kids apply the lesson to their lives. God can help them face problems and give them confidence in tough times!

#### **Memory Verse Activities**

Talk about what it means to have the "fruit" of the Spirit. This is a very the kids learned in the Spring during Rainbow Express. See if they remember it!

#### **Prayer Time**

Ask God to help us be humble this week and not proud. Ask Him to help us make new friends and be at peace with everyone.

#### **Snack Time/CleanUp**

Use Donut holes as snacks (they look like rocks from our story!)

Planning for August 22nd  
David and Jonathan  
1 Samuel 20:1-42

Preschool Lesson  
For  
David and Goliath

(Teachers: Bring 5 little rocks to use as a prop)

In God's land, there were some enemies that wanted to take over God's land. God's people bravely fought the evil men and God helped them win.

One day, the evil men wanted to battle God's people. This time they brought a very, very, tall man named Goliath. He was over 9 feet tall. (Teachers bring a tape measure and find an object of that height that the kids can visualize; ex: top balcony of 2nd floor; basketball hoop, high ceiling etc.) He was as tall as that \_\_\_\_\_.

Goliath did not love God. He was proud and loved himself more than other people. He would brag every day and ask for someone to come and fight him.

One day, little David came to bring food to his brothers who were fighting. While he was there, Goliath came out and shouted. David could not believe his ears! He knew that God was bigger than any man, especially someone who was mean to God's people.

David knew that God would win the battle. Saul talked to David about fighting Goliath. David shared how God helped him fight a lion and a bear. Saul gave David heavy armor to wear. When David tried it on, it was so big. Instead, David found 5 round stones from a creek and put them in his pocket. (Show the stone and count to 5).

Then, Goliath came. He looked at David and probably laughed. He told David that he would feed him to the birds.

But David said, "You may come with your armor and spears, but I come to you in the name of the Lord. Today the Lord will give you to me. I will kill you. Everyone here will know that God did this. The battle belongs to God. God will win!"

David quickly ran to meet Goliath. He put a stone in his sling and hit Goliath right between the eyes. Goliath fell back and died. David did it! God helped him! Hooray!

David knew that God would help him. We can believe in God and know that He will help us too!

"Sing several preschool songs about David and Goliath"

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## Hands-On Activities For David and Goliath

Measure a piece of butcher paper to the height of 9 feet. Imagine what Goliath must have looked like. Have a boy stand next to the paper. Ask the kids who they think would win—Goliath or the boy. Teach the kids that God is bigger than a person. He can help us with anything!

Gather a rock (stone) for each person. Let them write the memory verse on the rock (short version). Be sure they take it home. You may want to decorate them with paint too.

Mime the story. Explain to the kids what it means when someone can't talk or make sounds while acting out the story. Take turns miming the story. The actors can include: Goliath, David, King Saul, David's brothers, David's dad, and the armies.

There is a fun rap version of the story included on the next page. You will need to practice saying it several times before class so that you can get the hang of it.

Try making a pretend sling like David used. There is a pattern included or cut out the bottom of a brown lunch bag to use as the sling and attach yarn to it.

Cut 5 circles out of paper in the shape of rocks. Draw smiley faces on the rocks. On the back, write words of encouragement that will help kids see that God is bigger than anything that we may be afraid of.

(For the teachers: from a medical point of view, some doctors believe that Goliath may have had a tumor in between his eyes due to his size. When God caused the rock to hit the tumor, it erupted and caused him to die.)

Watch the Veggie Tale Video "David and the Giant Pickle."

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## A Rap about David and Goliath

A time long ago in a land far away,  
Israel's king was filled with dismay.  
He said, "That Goliath, the fighting machine,  
has worried my troops. Oh, he's awfully mean.

"He's taller than buildings, he's taller than trees!  
I feel like I only come up to his knees.  
Each day he comes out with his heavy, bronze spear  
and shouts out loud insults the whole world can hear.

"Morning and evening, day in and day out,  
he bothers my army with teasing and shouts.  
Why won't you fight me?" he asks. Are you scared?  
Send out your best man! Come fight, if you dare!"

The king told his men, "This is really not funny.  
I'm willing to offer a whole lot of money  
to be rid of that giant-now who'll volunteer?"  
The king's men just looked at him, shaking with fear.

"You can marry my daughter and live life tax-free  
if you kill that mean giant and bring him to me."  
But the soldiers replied, "We won't fight him at all.  
No prize is worth facing a giant that tall!"

Just then the boy David came into the camp.  
Who would've guessed that he'd come out the champ?  
For David the shepherd was smaller than others.  
He was sent to the camp with some food for his brothers.

"What's happened?" he asked as he shared cheese and bread.  
"Why are the king's soldiers' eyes filled with dread?"  
"A giant," they said, "has dared us to fight.  
He called us bad names and bragged of his might."

David said to the soldiers, "I'll go and I'll fight.  
He's made fun of God-I know that's not right."  
The king said, "Not you! You're only a boy!  
You're no match for the giant you say you'll destroy."

But David replied, "When my sheep are attacked  
by lions or bears, I don't run-I fight back.  
I know God protects me from dangers unseen.  
And the Lord God will save me from this Philistine."

The king gave his armor to make David strong.  
But the shield was too big, and the sword was too long.  
With each step he took, the king's helmet would rattle.  
He'd surely fall down if he wore that to battle.

David looked at the armor all polished and shiny.  
But the armor was huge, and David was tiny.  
Now how do you feel in too-big-for-you clothes?  
That's probably how David felt, too, I suppose.

David took off the armor and went to the brook,  
stuck in his hand and took a good look.  
Instead of the armor, he picked up five stones.  
He put one in his sling and then went out alone.

He whirled 'round that sling and then let the stone fly.  
It shot like a rocket up into the sky.  
And when that small stone hit the giant's huge head,  
Goliath fell down to the ground-he was dead!

When the Philistines saw that young David had won,  
they picked up their weapons and started to run.  
News of the victory soon spread all around.  
Young David was known as a hero in town.

Young David won, even though he was small.  
With God, giants fall with no trouble at all.  
So if you have big problems troubling you,  
trust in the Lord-for he'll get you through.

(Found on the web; courtesy of Group Publishing Interactive Stories.)

Preschool Finger Play and Song

***Finger Play ~ David meets Goliath*** Have your child follow the actions in parentheses.

(Begin with your hands behind your back.)

Where is Goliath?

Here is Goliath. (Bring your left index finger from behind your back.)

Where is David?

Here is David. (Bring your right little finger from behind your back.)

Goliath is so tall. (Stretch your "Goliath" finger.)

David is so small. (Wiggle your "David" finger.)

Goliath said, "You cannot win. I am strongest, you will see." (Use a deep voice and move Goliath finger while you are talking.)

David said, "I will win, for God will be with me." (Wiggle David while you are talking.)

David said a prayer. (Clasp your hands together.)

And threw his stone into the air. (Pretend to throw a stone.)

The stone flew well (shade your eyes to watch the stone.)

And the giant Goliath fell. (Topple Goliath into the palm of your right hand.)

Little David won the fight (raise hands in victory),

For he believed in what is right (place hands in praying position).

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***Down Went the Giant***

**Tune: "Pop, Goes the Weasel"**

Goliath had a sword and shield.

Goliath was a giant.

David slung a rock at him.

Down went the giant.