



NURSERY RHYMES

PARENT HANDOUT



CIRCLE TIME

MARY HAD A LITTLE LAMB Tune: Traditional

*Mary had a little lamb,
Little lamb, little lamb.
Mary had a little lamb.
Its fleece was white as snow.*

Pass out small stuffed animal jingle lambs
with bells around neck to each child.

DIDDLE, DIDDLE, DUMPLING Nursery Rhyme

*Diddle, diddle dumpling, my son John,
Went to bed with his stockings on.
One shoe off and one shoe on,
Diddle, diddle dumpling, my son John.*

Take off one of each child's shoes and
put in center of circle to be retrieved.

JACK BE NIMBLE Group Movement Activity

*Jack be nimble.
Jack be quick.
Jack jump over
The candlestick.*

Jump over foam noodle.
Play nursery rhyme background music.

CREATIVE PLAY STATIONS

Free play with theme puzzles, playdoh, star stackers and bubbles

RUB-A-DUB-DUB Messy Play

Children and parents play together at a sensory table filled with water and margarine tubs. Add plastic people for in and out play. Put holes in some of the tubs.

*Rub-a-dub, three men in a tub,
And who do you think they be?
The butcher, the baker, the candlestick maker.
Turn 'em out, kanaves all three!*

HUMPTY DUMPTY Creative Play

Children tear up paper and paste paper scraps on giant "egg shaped" construction paper. Label with child's name and take home.

*Humpty Dumpty sat on a wall.
Humpty Dumpty had a great fall.
All the king's horses and all the king's men,
Couldn't put Humpty together again.*

POLLY PUT THE KETTLE ON Language/Pretend Play

Children and parents have a tea party as they recite Polly Put the Kettle On Nursery Rhyme. Use the words "on" and "off."


*Polly, put the kettle on,
Polly, put the kettle on,
Polly, put the kettle on,
We'll all have tea.*

WEE WILLIE WINKIE Active Play

Children walk up and down steps while reciting Wee Willie Winkie, posted at the play station.


*Wee Willie Winkie
runs through the town,
Upstairs and downstairs
In his night gown.*

SNACK TIME

 Miss Muffet's "spider" mini muffins with pretzel legs and juice

HOME PLAY

Praise your child. Hug, kiss, smile, and say, "Good for you!"

 Have your child act out a favorite nursery rhyme.

TEN THINGS EVERY CHILD NEEDS

 Interaction  Loving Touch  Stable Relationship  Safety and Health  Self Esteem  Quality Child Care  Communication  Play  Music  Reading