



# TRAINS AND PLANES

## PARENT HANDOUT



### CIRCLE TIME

 **IN THE SKY**  
Tune: "Mulberry Bush"

*The airplane flies up in the sky  
In the sky, in the sky,  
The airplane flies up in the sky  
And goes behind a cloud.*

Pass out toy airplanes. Sing additional verse, "and goes up high and low."

 **ENGINE, ENGINE, NUMBER NINE**  
Rhyme

*Engine, engine, number nine,  
Going down Chicago line.  
If the train goes off the track,  
Will I get my money back?*

Rub sandpaper blocks together to rhyme.

 **FLYING AROUND**  
Group Movement Activity

Children fly around the room pretending to be airplanes. Children hold pinwheel propellers as they fly.

Fly to big band background music.

### CREATIVE PLAY STATIONS

Free play with theme puzzles, playdoh, magnetic blocks, and bubbles

 **UP, UP, AND AWAY**  
Messy Play

Children and parents play together at a sensory table filled with white cottonball "clouds." Provide a variety of toy airplanes. Provide a variety of toy airplanes and box lid landing pads. Add tongs.

 **TICKETS, PLEASE**  
Creative Play

Children use dot painters and stamp on construction paper "train tickets." Label with child's name and take home.


 **CHOO CHOO FUN**  
Communication/ Pretend Play

Children and parents connect toy train tracks. Children move trains along tracks. Use the words "short," "long," "stop," and "go."

 **PACKING TO GO**  
Active Play

Parents and children fill duffel bags with clothing and load into a wagon luggage cart.

### SNACK TIME

 Vanilla pudding "cloud" with airplane shaped cookie and milk

### HOME PLAY

**Praise your child. Hug, kiss, smile, and say, "You're on Track!"**

 Take your child on a train ride.

### TEN THINGS EVERY CHILD NEEDS

 Interaction  Loving Touch  Stable Relationship  Safety and Health  Self Esteem  Quality Child Care  Communication  Play  Music  Reading