

# Provider's Power Plan

## MONDAY

- Wipe door knobs & light switches
- Launder bedding and clean beds and mats
  
- ☺ WEEK 1 -- Organize cubbies
- ☺ WEEK 2 -- Update paperwork
- ☺ WEEK 3 -- Organize sign-in station
- ☺ WEEK 4 -- Organize art supplies

## TUESDAY

- Launder soft toys & dress-up clothes
- Do one thing related to taxes
  
- ☺ WEEK 1 -- Organize puzzles & games
- ☺ WEEK 2 -- Clean & organize outdoor toys
- ☺ WEEK 3 -- Sort & organize stored toys
- ☺ WEEK 4 -- Clean infant furniture

## WEDNESDAY

- Wipe or spray books and bookshelves
- Clean pet cages and tanks
  
- ☺ WEEK 1 -- Clean diaper changing station
- ☺ WEEK 2 -- Repair books
- ☺ WEEK 3 -- Check your curb appeal
- ☺ WEEK 4 -- Organize Circle Time area

### OPEN:

- Tidy room, ready for the day
- Prepare "Mouthed Toys" bucket

### AFTER MEALS:

- Wipe down chairs & tables

### NAP TIME:

- Air-dry mouthed toys & set up bucket
- Spray toys with disinfectant
- Wipe down bathroom

### CLOSE:

- Clean floors and/or vacuum
- Wipe down bathroom
- Disinfect toys & equipment
- Empty trash and diaper pail
- Air-dry mouthed toys

### OPEN:

- Tidy room, ready for the day
- Prepare "Mouthed Toys" bucket

### AFTER MEALS:

- Wipe down chairs & tables

### NAP TIME:

- Air-dry mouthed toys & set up bucket
- Spray toys with disinfectant
- Wipe down bathroom

### CLOSE:

- Clean floors and/or vacuum
- Wipe down bathroom
- Disinfect toys & equipment
- Empty trash and diaper pail
- Air-dry mouthed toys

### OPEN:

- Tidy room, ready for the day
- Prepare "Mouthed Toys" bucket

### AFTER MEALS:

- Wipe down chairs & tables

### NAP TIME:

- Air-dry mouthed toys & set up bucket
- Spray toys with disinfectant
- Wipe down bathroom

### CLOSE:

- Clean floors and/or vacuum
- Wipe down bathroom
- Disinfect toys & equipment
- Empty trash and diaper pail
- Air-dry mouthed toys

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## THURSDAY

- Clean big toys (slides, kitchens, etc.)
- Clean & organize one center (one per week)

- ☺ WEEK 1 -- Wipe gates, walls, & doors
- ☺ WEEK 2 -- Clean fans & lights
- ☺ WEEK 3 -- Clean windows & coverings
- ☺ WEEK 4 -- Clean electronics & remotes

## FRIDAY

- Small toys through dishwasher (or wipe)
- Wipe down all shelves

- ☺ Use today to catch up on any chores that didn't get done or get a head start on weekend chores. You may want to rotate toys today, too.

## WEEKEND

- Plan Menus
- Grocery Shop
- Pre-cook meals
- Plan lessons
- Change bulletin board
- Spend time with your family
- Pamper yourself

### OPEN:

- Tidy room, ready for the day
- Prepare "Mouthed Toys" bucket

### AFTER MEALS:

- Wipe down chairs & tables

### NAP TIME:

- Air-dry mouthed toys & set up bucket
- Spray toys with disinfectant
- Wipe down bathroom

### CLOSE:

- Clean floors and/or vacuum
- Wipe down bathroom
- Disinfect toys & equipment
- Empty trash and diaper pail
- Air-dry mouthed toys

### OPEN:

- Tidy room, ready for the day
- Prepare "Mouthed Toys" bucket

### AFTER MEALS:

- Wipe down chairs & tables

### NAP TIME:

- Air-dry mouthed toys & set up bucket
- Spray toys with disinfectant
- Wipe down bathroom

### CLOSE:

- Clean floors and/or vacuum
- Wipe down bathroom
- Disinfect toys & equipment
- Empty trash and diaper pail
- Air-dry mouthed toys

## DISINFECTANTS:

- Clorox or other wipes
- \*Vinegar in a spray bottles
- \*Peroxide in a spray bottle
- Bleach water
- \*Clorox Everywhere spray
- Lysol Spray
- \*Green Works cleaners
- \*Baby wipes

\*Safe to use around the children

# Provider's Power Plan

## PAMM'S NOTES:

The chores labeled WEEK 1, WEEK 2, etc. are meant to be done monthly.

Make this plan work for you. Use it as a reminder, not a guilt trip. If you miss a day, it's okay, you'll get it done on Friday or when it comes around next week. If you don't have centers, pick another area to clean. If you want to add chores, there's plenty of room to do that.

Be flexible: if you don't have a dishwasher, wipe with a Clorox wipe; if you don't have a Clorox wipe, use vinegar; etc.

Don't make more of the daily chores than you have to. Use a few baby wipes to do a quick one-minute wipe of the bathroom. Put vinegar in a spray bottle for a quick disinfectant spray of toys. The daily chores are meant to be done quickly. It shouldn't take more than 10 minutes to wipe and spray things down after the children are on their nap mats and less than 20 minutes to wrap things up at the end of the day.

Involve the children: my toddlers love to help wipe down shelves and toys. I will give them a rag with water on it or a baby wipe to "help" me wipe down shelves, toys, etc.

Disinfectant Note: I have listed several ideas for disinfectants. I've found it's a good idea to switch things up now and then and keep the germs "guessing". I lean more toward green options. Did you know vinegar kills bacteria, mold and germs? For more information see:  
[www.care2.com/greenliving/vinegar-kills-bacteria-mold-germs.html](http://www.care2.com/greenliving/vinegar-kills-bacteria-mold-germs.html)

This works well with Motivated Moms Planner. The MoMo Planner was the inspiration for the Daycare Providers' version. The MoMo Planner will help you clean your house and keep up on it, where this Provider's Power Plan will help you keep up with your daycare area. Copy the first two pages of Provider's Power Plan, front and back, then keep with your MoMo Planner. You can order the MoMo Planner at: [www.motivatedmoms.com](http://www.motivatedmoms.com)