



LETTER CARRIER

PARENT HANDOUT

CIRCLE TIME

JUNK MAIL

Tune: Frere Jaques

*I get junk mail
I get junk mail
Everyday, everyday!
Envelopes for mommy
Envelopes for daddy
Mail for you
Mail for me!*

Passout junk mail. Pass mail around as song is sung.

KNOCK, KNOCK WHO'S THERE?

Rhythmic Chant

*Knock, knock, knock,
Someone's at the door,
With a package.
Who is it for?*

Pass out small brown paper wrapped boxes with beans inside to shake to chant.

MAIL FLURRY

Group Movement Activity

Children and parents shake colored envelopes up and down in a parachute.

Play Motown background music.

CREATIVE PLAY STATIONS

Free play with theme puzzles, playdoh, wooden ABC blocks and bubbles

SHRED THE MAIL

Messy Play

Children and parents tear, rip and cut a variety of recycled paper at a sensory table. Provide child with safety scissors.

POST OFFICE

Creative Play

Children put stamps and stickers on manilla envelopes. Put the Letter Carrier Handout in the envelope. Label with child's name and take home.

P.O. BOX 123

Communication/ Pretend Play

Children and parents sort post cards into a clear plastic shoe organizer. Talk about the pictures on the post cards. Use the words "in" and "out."


SPECIAL DELIVERY

Active Play

Children ride on push toy to deliver mail to mailboxes placed around the room.


SNACK TIME

Free play with theme puzzles, playdoh, big waffle blocks and bubbles

 Graham cracker "envelopes" with fruit roll-up "stamps" and milk

HOME PLAY

Praise your child. Hug, kiss, smile, and say, "You've Got Mail!"

 Help your child scribble on paper and mail it to a relative.

TEN THINGS EVERY CHILD NEEDS

 Interaction  Loving Touch  Stable Relationship  Safety and Health  Self Esteem  Quality Child Care  Communication  Play  Music  Reading