



# CAMPING PARENT HANDOUT



## CIRCLE TIME

### **A CAMPING WE WILL GO**

Tune: The Farmer in the Dell

*A camping we will go,  
A camping we will go,  
Hi ho away we go,  
A camping we will go!*

Children tap rhythm sticks to the song.  
Add verses "a hiking" and "a fishing"

### **BEAR HUNT**

Call and Respond

*We're going on a bear hunt.  
Gonna catch a big one.  
We're not scared!  
Uh, oh grass!  
We can't go over it.  
We can't go under it.  
We must go through it!*

Pass out flashlights to children and  
dim the lights. Add verse "uh, oh a river."

### **A HIKE IN THE WOODS**

Group Movement Activity

Children and parents walk around an  
obstacle course. Go over ramps, and crawl  
through tunnels and around barriers looking  
for woodland creatures.

Play Folk music in the background.

## CREATIVE PLAY STATIONS

Free play with theme puzzles, playdoh, Lincoln logs and bubbles

### **COOL OFF**

Messy Play

Children and parents play together at a  
sensory table filled with ice cubes and a  
small cooler. Add water bottles for in and  
out play. Provide tongs.

### **NATURE COLLAGE**

Creative Play

Children place natural objects such as  
leaves, sticks, pinecones and rocks onto  
contact paper. Label with child's names  
and take home.

### **CAMPSITE**

Language/Pretend Play


Children and parents pretend to go  
camping. Provide a tent, cooking  
equipment sleeping bag and flashlight  
and use the words "in" and "out."

### **LOG CABIN**

Problem Solving Play


Children and parents build cabins  
and structures using wooden log-  
shaped blocks. Add doll house  
campers.

## SNACK TIME

 S'mores sandwiches, with graham cracker, marshmallows and chocolate chips and juice

## HOME PLAY

**Praise your child. Hug, kiss, smile, and say, "Way to go, Camper!"**

 Set up a tent with sheets and clothes lines. Crawl in and out of the tent.

## TEN THINGS EVERY CHILD NEEDS

 Interaction  Loving Touch  Stable Relationship  Safety and Health  Self Esteem  
 Quality Child Care  Communication  Play  Music  Reading