



BOYS AND GIRLS

PARENT HANDOUT



CIRCLE TIME

LITTLE GIRLS/LITTLE BOYS

Tune: Ten Little Indians

*Dance, dance, little boys,
Dance, dance, little girls,
Dance, dance boys and girls,
Dance around the room.*

Add verses to jump and turn around.

JACK AND JILL

Nursery Rhyme

*Jack and Jill went up the hill,
To fetch a pail of water.
Jack fell down, and broke his crown,
And Jill came tumbling after.*

Play toy pianos while reciting the rhyme.

PARACHUTE PLAY

Group Movement Activity

Parents and children hold edges of parachute. Boys and girls take turns running under the parachute.

Play children's songs for background music.

CREATIVE PLAY STATIONS

Free play with theme puzzles, playdoh, giant people link and bubbles

SEARCH FOR BOYS AND GIRLS

Messy Play

Children and parents play together at a sensory table filled with a variety of dried beans. Children search for toy boys and girls hidden in the beans. Provide spoon for scooping and boxes for houses.

LOOK MA, IT'S ME!

Creative Play

Children decorate boy or girl paper shapes made out of heavy paper. Decorate with fabric scraps dipped in glue. Label with child's name and take home.

DRESS UP

Communication/Pretend Play


Children play dress up with boys' and girls' clothes. Provide a mirror. Identify boys and girls. Name body parts and clothing.

TIME FOR SCHOOL

Active Play


Children combine cars and buses and dolls in play. Children put dolls in cars and buses and push them to a pretend school house.

SNACK TIME

 Cheese and bread cuts outs using boy and girl gingerbread cookie cutters and milk

HOME PLAY

Praise your child. Hug, kiss, smile, and say, "That's Incredible!"

 Look at family photographs with your child. Ask if photographs are boys or girls.

TEN THINGS EVERY CHILD NEEDS

 Interaction  Loving Touch  Stable Relationship  Safety and Health  Self Esteem  Quality Child Care  Communication  Play  Music  Reading