



# BALLS

## PARENT HANDOUT

### CIRCLE TIME

#### WHERE IS THE BALL?

Tune: Frere Jacques

*Where is the big ball?  
Where is the big ball?  
Here it is! Here it is!  
I can roll the big ball.  
I can roll the big ball.  
Roll, roll, roll! Roll, roll, roll!*

Roll beach balls back and forth across the circle while singing.

#### BOUNCE AND BOUNCE

Rhyme

*I'm bouncing, bouncing, everywhere.  
I bounce, and bounce into the air.  
I'm bouncing, bouncing, like a ball.  
I bounce, and bounce,  
And then I fall!*

Bounce up and down and then drop to the floor while shaking roller ball rattle.

#### POP A BALL

Group Movement Activity

Children pop bubbles blown by parents and staff.

Play sports theme background music.

### CREATIVE PLAY STATIONS

Free play with theme puzzles, playdoh, Lego baby stacks and bubbles

#### BALL WASH

Messy Play

Children and parents play together at a sensory table filled with water. Children explore balls in assorted colors, sizes and textures. Provide bowls, and strainers. Add sprinkling cans.

#### BALL DROP ART

Creative Play

Children dip Nerf ball or Koosh ball in neon paint and drop on black paper. Label with child's name and take home.

#### BALL GAME

Language/Pretend Play

Children and parents pretend to play basketball or soccer. Toss or kick balls into boxes set up as baskets or goals. Use the words, "in" and "out" and count the balls.

#### BALLS AND TUBES

Problem Solving Play

Children and parents experiment with balls and cardboard tubes of assorted sizes. Children discover which balls and tubes match in size.

### SNACK TIME

 Kix cereal and milk

### HOME PLAY

**Praise your child. Hug, kiss, smile, and say, "You're special!"**

 Roll balls under furniture and have your child run around to the other side to see where the balls come out. If a ball gets stuck under the furniture, show your child how to use a stick to retrieve the ball.

### TEN THINGS EVERY CHILD NEEDS

 Interaction  Loving Touch  Stable Relationship  Safety and Health  Self Esteem  Quality Child Care  Communication  Play  Music  Reading