



BABIES

PARENT HANDOUT

CIRCLE TIME

ROCK A BYE BABY

Tune: Traditional

*Rock a bye baby on the tree top,
When the wind blows, the cradle will rock,
When the bough breaks, the cradle will fall,
And down will come baby, cradle and all.*

Parents and children rock dolls in blankets.

BYE BABY BUNTING

Nursery Rhyme

*Bye baby bunting,
Daddy's gone a hunting,
To catch a little rabbit skin,
To wrap the baby bunting in.*

Shake baby rattles to Nursery Rhyme.

BABY CRAWL

Group Movement Activity

Children crawl through tunnels. Parents encourage them from the other side and embrace them when they come out.

Play lullaby background music.

CREATIVE PLAY STATIONS

Free play with theme puzzles, playdoh, peek-a-boo blocks and bubbles

BABY BATH

Messy Play

Children and parents play together at a sensory table filled with warm water and baby dolls. Provide washcloths and soap to wash the dolls. Add plastic bottles with twist lids to fill with water.

BABY COLLAGE

Creative Play

Children and parents tear or cut out pictures of babies from magazines. Tape pictures on aluminum pie tins. Label with child's name and take home.

BABY SITTING

Language/Pretend Play

Children and parents take care of a baby. Provide dolls and props for dressing, feeding and bedtime. Ask questions about being cold, thirsty, hungry, or tired.

RING STACKING

Problem Solving Play

Children and parents play with baby ring stacking toys. Talk about colors and sizes of rings.

SNACK TIME

 Baby food fruits in baby food jars with baby cookies and juice

HOME PLAY

Praise your child. Hug, kiss, smile, and say, "You're darling!"

 Allow your child to pretend to be a baby. Hold your child and rock together in a rocking chair while singing a lullaby.

TEN THINGS EVERY CHILD NEEDS

 Interaction  Loving Touch  Stable Relationship  Safety and Health  Self Esteem  Quality Child Care  Communication  Play  Music  Reading